

TO: Athletic Directors and Girls & Boys Cross Country Coaches  
DATE: August 25, 2020  
FROM: Bill Kvebak, Ryan Zunich and Rob Nielsen  
RE: Detroit Lakes Cross Country Meet

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MEET DATE: **Thursday, August 27, 2020 (11:00AM)**

**TIMING:** We will be using Gopher State Events for timing. You should receive an email from them to submit your roster. Meet information can be found on their site at [https://www.gsetiming.com/events/ccmeet\\_info.asp?meet\\_id=770](https://www.gsetiming.com/events/ccmeet_info.asp?meet_id=770)

**TIMES:**

11:00 AM	Boys Junior High (3200 Meters)
11:20 AM	Girls Junior High (3200 Meters)
11:40 AM	Boys Jr. Varsity(5000 Meters)
12:20 PM	Girls Jr. Varsity(5000 Meters)
1:00 PM	Boys Varsity (5000 Meters)
1:40 PM	Girls Varsity (5000 Meters)

**SITE:** Detroit Lakes High School

**AWARDS:**

Varsity	Individual ribbons for top 6 finishers.
Junior Varsity	Individual ribbons for top 6 finishers
Junior High	Individual ribbons for top 6 finishers.

**LANE ASSIGNMENTS:** Lanes will be drawn at the scorers table prior to the meet.

**FLAG DESIGNATIONS:**

- Red Flag:** Indicates a **LEFT TURN**
- Yellow Flag:** Indicates a **RIGHT TURN**
- Blue Flag:** Indicates straight course

**REST ROOMS:** Restrooms will be provided on the course.

**PARKING:** **Busses will park along the fence behind the stadium bleachers**

**COURSE:** Course map attached. The 5000 meter course is a triple loop.

**ENTRY FEE:** \$100 Mailed to DLHS Attn; Rob Nielsen 1301 Roosevelt Avenue, Detroit Lakes 56501

**SPECTATORS** - Spectators will be limited to family. Please inform your spectators that parking will be in the DLHS lots or on the street. Spectators can view the event from the street or from the flagged off area near the tennis courts. Our building is surrounded by construction so parking is very limited. **There will be no rest rooms available for spectators**

**SCHOOLS PARTICIPATING/TEAM CAMPS:** Detroit Lakes, Dilworth-Glyndon-Felton(Team Camp 1 on the Map), Hawley(Team Camp 2 on the Map) A porta Pottie will be located at your team camp.