



SECTION CROSS COUNTRY RUNNING UNIFORM VERIFICATION FORM



**Complete, sign below and return to the meet management
at the time of registration.**

PLEASE PRINT

(CIRCLE) CLASS: A AA

Date _____

School Name _____

Name of Coach _____

GARMENT	COLOR	
	BOYS	GIRLS
Jersey		
Running shorts		
Garment worn under jersey		
Garment worn under shorts		

1. This confirms that the runners competing in the Section Cross Country Meet are in compliance with the National Federation (NF) and the Minnesota State High School League uniform, equipment and jewelry rules.
2. We understand that all team members are expected to exhibit good sportsmanship throughout the competition.

Coach's signature _____

Note: Please see the Meet Referee if you have any questions.

SPECIAL MENTION –

- Rubber wristbands of any kind shall be treated as jewelry and must be removed during the competition.
- Watches with GPS capabilities are Illegal
- Hair Feathers are Illegal