

MEMORANDUM

TO: Athletic Directors and Girls & Boys Cross Country Coaches
DATE: October 14, 2013
FROM: Dr. Mitch McLeod
RE: Section 8AA Cross Country Championships

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MEET DATE: **Thursday, October 24, 2013 (3:30 PM)**

TIMING: Pickle Events will be doing the timing for the section meet.

ATHLETE REGISTRATION: Pickle Events will be using a chip timing system, **you will need to download your roster onto the attached excel document and send it back to the meet manager Brandon Tschirhart at brandontschirhart@gmail.com before midnight October 18th.**

Course Opens at 2:00 pm: Please abide by this section policy; teams will not be allowed on the site more than one and a half hours prior to the starting time.

Coaches Meeting: 2:30 in the club house. Please be mindful that the club house is for coaches only.

TIMES: 3:30 PM Girls Varsity (4000 Meters)
4:15 PM Varsity Boys (5000 Meters)
5:15 PM Awards Ceremony

SITE: Detroit Lakes Country Club, North.
Executive Golf Course
24591 County Rd. 22
Detroit Lakes, MN 56501

SECTION AWARDS :
Trophies, Medals awarded to Section 1st & 2nd place teams (9)

Medals Individuals 1st - 8th place

NOTE: Medals will be awarded to individual qualifiers who do not finish in places 1st-8th and who are not members of the winning teams, but who will advance to the state meet.

***Awards will be presented at the golf course. Alternate site in case of inclement weather will be the Detroit Lakes High School Gym.**

Forms to be filled out: The uniform verification form and team roster will need to be turned into the meet manager on the day of the meet. Forms have been attached in this email, but will also be available in the club house.

T-SHIRTS: Section shirts will be available on the day of the meet. They will be sold at the concession stand for a price of \$20. Attached in your email is an image of this year's shirt. Please allow your athletes to see this before race day.

DRESSING FACILITIES:

Dressing facilities will be available at the High School. Please notify the host school if you plan to use the dressing facilities. Provide your own towels.

LANE ASSIGNMENTS: Lanes will be drawn at the scorers table prior to the meet.

FLAG DESIGNATIONS:

Red Flag: Indicates a **LEFT TURN**

Yellow Flag: Indicates a **RIGHT TURN**

Blue Flag: Indicates straight course

RESTROOMS: Satellite restrooms will be provided on the course. (20)

PARKING: Please drop all athletes off at the entry to the Executive Golf Course. Once you have dropped off all athletes and equipment, the buses will park along the south side of the road.

COURSE: The Course is on the Executive Golf Course located 5 miles south on Highway 59. The 5000 meter course is a double loop, the 4000 meter course is a single loop with an additional half loop. See attached map in your email.

Please inform your runners and spectators to treat the facility with respect. They will need to stay off of the greens and tee boxes and please pick up all the litter around your camp. We are privileged to use such a fine facility and it is important that all participants, coaches, and spectators show their respect for the facilities. Thank you.

Athletic Trainer: A trainer will be available at the course on race day.

SCHOOLS PARTICIPATING: Alexandria, Moorhead, Fergus Falls, Detroit Lakes, Willmar, Sartell, Bemidji, Monticello, Thief River Falls, St. Cloud Tech, St. Cloud Apollo, Little Falls, Brainerd, Rocori, Sauk Rapids-Rice, Becker.

Any questions contact:

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