

Staples, MN
August 31, 2015
VARSITY GIRLS - 5K

TEAM RESULTS: VARSITY GIRLS

1. 64 Park Rapids Area (24:27.3 2:02:16.4 4:12.9)

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1	1	Lydia Kantonen	22:04.5
2	4	Megan Olson	23:29.2
3	16	Madison Steffel	25:08.0
4	19	Whitney Steffel	25:17.3
5	24	Mackenzey Warner	26:17.4
6	(35)	Alexandra Kirilin	27:00.2
7	(57)	Abby Eystad	29:58.6

2. 66 United North Central (24:22.1 2:01:50.1 4:15.8)

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1	2	Annika Aho	22:16.9
2	7	Alyssa Peterson	23:44.4
3	10	Anna Olson	23:54.4
4	20	Cierra Ahlf	25:21.7
5	27	Megan Hendrickson	26:32.7
6	(28)	Maria Isaacson	26:33.3
7	(40)	Jen Stifter	27:16.1

3. 79 Detroit Lakes (24:54.2 2:04:30.7 3:41.6)

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1	3	Makenzie Ostlie	22:56.9
2	9	Sarah Schumacher	23:50.6
3	13	Haley Groth	24:41.6
4	25	Ava Geffre	26:23.1
5	29	Kendra Kvebak	26:38.5
6	(37)	Auroura Eckberg	27:02.1
7	(39)	Elizabeth Kvebak	27:08.5

4. 115 Staples-Motley (25:30.9 2:07:34.1 3:46.4)

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1	8	Kira Sweeney	23:47.7
2	11	Taylor Yungbauer	24:02.4
3	18	Haley Christoffersen	25:12.1
4	34	Kaitlyn Smith	26:57.8
5	44	Alex Miller	27:34.1
6	(48)	Mikayla Sauber	28:06.8
7	(61)	Jorie Ihme	32:26.0

5. 140 Wadena-Deer Creek (26:20.8 2:11:43.9 5:30.7)

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1	5	Hannah Vorderbruggen	23:37.2
2	15	Abby Motschenbacher	25:02.1
3	32	Briana Malone	26:55.2
4	36	Elissa Ikola	27:01.5
5	52	Samantha Malone	29:07.9
6	(59)	Tiffany Meeks	31:00.4
7	(60)	McKenna Wangsness	31:42.4

6. 165 Ottertail Central (26:42.4 2:13:31.7 3:14.4)

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1	14	Samantha Reger	24:53.3
2	22	Madison Cichy	26:01.6
3	38	Jessica Drake	27:06.8
4	42	Abbie Radermacher	27:22.3
5	49	Alexis Reger	28:07.7
6	(50)	Taylor Gardin	28:17.7

7. 166 Melrose Area (26:47.8 2:13:59.0 3:12.3)

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1	12	Ashley Herdering	24:38.9
2	30	Allison Pohlmann	26:46.4
3	31	Chloe Ellering	26:53.6
4	46	Emily Herdering	27:48.9
5	47	Jackie Martinez	27:51.2
6	(54)	Chloe Notch	29:19.3
7	(56)	Laura Funk	29:45.5

8. 174 Long Prairie-Grey Eagle (27:05.7 2:15:28.2 3:47.2)

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1	21	Natalie Minke	25:21.7
2	23	Claire Liebsch	26:02.6
3	26	Madelyn Zastrow	26:29.9
4	51	Kaitlyn Proell	28:25.1
5	53	Megan Och	29:08.9

9. 185 Bagley-Fosston (27:49.8 2:19:09.0 9:31.3)

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1	6	Amelia Landsverk	23:38.0
2	17	Jenna Manecke	25:08.4
3	45	Rachael Okeson	27:35.1
4	55	Lisa Johnson	29:38.2
5	62	Rebecca Swanson	33:09.3
6	(63)	Annie Smith	34:27.1

10. 239 Pine River-Backus (29:21.4 2:26:47.0 8:03.1)

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1	33	Sidney Lodge	26:56.4
2	41	Shayna Moore	27:17.2

3	43	Cheyenne Swenson	27:24.8
4	58	Brianna Adkins	30:09.1
5	64	Laura Oates	34:59.5

INDIVIDUAL RESULTS: VARSITY GIRLS

Place	Tea/Tot	No.	Name	Grade	Team	Time	Pace
1	1/8	465	Lydia Kantonen	11	Park Rapids Area	22:04.5	7:07
2	1/8	581	Annika Aho	9	United North Central	22:16.9	7:11
3	1/8	140	Makenzie Ostlie	11	Detroit Lakes	22:56.9	7:24
4	2/8	469	Megan Olson	12	Park Rapids Area	23:29.2	7:34
5	1/8	565	Hannah Vorderbruggen	12	Wadena-Deer Creek	23:37.2	7:37
6	1/6	103	Amelia Landsverk	9	Bagley-Fosston	23:38.0	7:37
7	2/8	589	Alyssa Peterson	9	United North Central	23:44.4	7:39
8	1/7	527	Kira Sweeney	7	Staples-Motley	23:47.7	7:40
9	2/8	144	Sarah Schumacher	12	Detroit Lakes	23:50.6	7:41
10	3/8	587	Anna Olson	11	United North Central	23:54.4	7:42
11	2/7	529	Taylor Yungbauer	11	Staples-Motley	24:02.4	7:45
12	1/7	199	Ashley Herdering	11	Melrose Area	24:38.9	7:56
13	3/8	129	Haley Groth	12	Detroit Lakes	24:41.6	7:57
14	1/6	441	Samantha Reger	9	Ottertail Central	24:53.3	8:01
15	2/8	563	Abby Motschenbacher	9	Wadena-Deer Creek	25:02.1	8:04
16	3/8	472	Madison Steffel	11	Park Rapids Area	25:08.0	8:06
17	2/6	105	Jenna Manecke	7	Bagley-Fosston	25:08.4	8:06
18	3/7	514	Haley Christoffersen	12	Staples-Motley	25:12.1	8:07
19	4/8	473	Whitney Steffel	9	Park Rapids Area	25:17.3	8:09
20	4/8	580	Cierra Ahlf	9	United North Central	25:21.7	8:10
21	1/5	333	Natalie Minke	12	Long Prairie-Grey Eagle	25:21.7	8:10
22	1/1	426	Sharnea Witt	12	New York Mills	25:31.5	8:13
23	2/6	432	Madison Cichy	11	Ottertail Central	26:01.6	8:23
24	2/5	332	Claire Liebsch	11	Long Prairie-Grey Eagle	26:02.6	8:23
25	5/8	474	Mackenzey Warner	11	Park Rapids Area	26:17.4	8:28
26	4/8	126	Ava Geffre	8	Detroit Lakes	26:23.1	8:30
27	3/5	336	Madelyn Zastrow	12	Long Prairie-Grey Eagle	26:29.9	8:32
28	5/8	584	Megan Hendrickson	9	United North Central	26:32.7	8:33
29	6/8	586	Maria Isaacson	10	United North Central	26:33.3	8:33
30	5/8	136	Kendra Kvebak	11	Detroit Lakes	26:38.5	8:35
31	2/7	403	Allison Pohlmann	10	Melrose Area	26:46.4	8:38
32	3/7	197	Chloe Ellering	8	Melrose Area	26:53.6	8:40
33	3/8	560	Briana Malone	12	Wadena-Deer Creek	26:55.2	8:40
34	1/5	487	Sidney Lodge	8	Pine River-Backus	26:56.4	8:41
35	4/7	525	Kaitlyn Smith	8	Staples-Motley	26:57.8	8:41
36	6/8	466	Alexandra Kirlin	10	Park Rapids Area	27:00.2	8:42
37	4/8	558	Elissa Ikola	9	Wadena-Deer Creek	27:01.5	8:42
38	6/8	124	Auroura Eckberg	12	Detroit Lakes	27:02.1	8:43

39	3/6	433 Jessica Drake	11 Ottertail Central	27:06.8	8:44
40	7/8	135 Elizabeth Kvebak	11 Detroit Lakes	27:08.5	8:45
41	7/8	592 Jen Stifter	12 United North Central	27:16.1	8:47
42	2/5	489 Shayna Moore	9 Pine River-Backus	27:17.2	8:47
43	4/6	439 Abbie Radermacher	10 Ottertail Central	27:22.3	8:49
44	3/5	493 Cheyenne Swenson	12 Pine River-Backus	27:24.8	8:50
45	8/8	588 Erin Olson	10 United North Central	27:27.7	8:51
46	5/7	521 Alex Miller	11 Staples-Motley	27:34.1	8:53
47	3/6	106 Rachael Okeson	10 Bagley-Fosston	27:35.1	8:53
48	4/7	200 Emily Herdering	10 Melrose Area	27:48.9	8:58
49	5/7	401 Jackie Martinez	10 Melrose Area	27:51.2	8:58
50	6/7	523 Mikayla Sauber	11 Staples-Motley	28:06.8	9:03
51	5/6	440 Alexis Reger	8 Ottertail Central	28:07.7	9:04
52	6/6	435 Taylor Gardin	10 Ottertail Central	28:17.7	9:07
53	4/5	335 Kaitlyn Proell	9 Long Prairie-Grey Eagle	28:25.1	9:09
54	5/8	561 Samantha Malone	9 Wadena-Deer Creek	29:07.9	9:23
55	5/5	334 Megan Och	8 Long Prairie-Grey Eagle	29:08.9	9:23
56	8/8	152 Devyn Ulliyott	9 Detroit Lakes	29:14.4	9:25
57	6/7	402 Chloe Notch	11 Melrose Area	29:19.3	9:27
58	4/6	101 Lisa Johnson	12 Bagley-Fosston	29:38.2	9:33
59	7/7	198 Laura Funk	8 Melrose Area	29:45.5	9:35
60	7/8	464 Abby Eystad	9 Park Rapids Area	29:58.6	9:39
61	4/5	485 Brianna Adkins	10 Pine River-Backus	30:09.1	9:43
62	8/8	468 Kinley Nordin	9 Park Rapids Area	30:37.5	9:52
63	6/8	562 Tiffany Meeks	10 Wadena-Deer Creek	31:00.4	9:59
64	7/8	566 McKenna Wangsness	9 Wadena-Deer Creek	31:42.4	10:13
65	8/8	564 Gabi Ross	11 Wadena-Deer Creek	32:00.4	10:19
66	7/7	520 Jorie Ihme	9 Staples-Motley	32:26.0	10:27
67	5/6	108 Rebecca Swanson	10 Bagley-Fosston	33:09.3	10:41
68	6/6	107 Annie Smith	9 Bagley-Fosston	34:27.1	11:06
69	5/5	490 Laura Oates	10 Pine River-Backus	34:59.5	11:16