

Detroit Lakes Invitational Cross Country Meet  
Detroit Lakes, MN  
September 8, 2016  
VARSITY GIRLS - 5K

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TEAM RESULTS: VARSITY GIRLS  
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1. 44 Perham ( 21:11.7 1:45:58.3 2:04.7)

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1	1	Brynnan Covington	19:56.1
2	7	Caitlin Covington	21:00.0
3	8	Hailey Wegsheid	21:19.9
4	12	Abby Tweeton	21:41.5
5	16	Ashley Hokanson	22:00.8
6	( 30)	Evalyn McCleary	23:05.7
7	( 36)	Lourdes Anderson	24:30.7

2. 67 Moorhead ( 21:45.1 1:48:45.5 1:30.8)

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1	4	Rylie Polomny	20:50.4
2	9	Alexandra Maddux	21:32.1
3	15	Mickalya Allen	22:00.5
4	18	Kate Ludwig	22:01.3
5	21	Sofie Overturf	22:21.2
6	( 24)	Taylor Melton	22:28.5
7	( 26)	Cassidy O'Meara	22:31.1

3. 94 Bemidji ( 22:01.4 1:50:06.7 1:51.5)

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1	3	Sadie Hamrin	20:39.7
2	17	Sierra Freyholtz	22:00.8
3	22	Arie Gislason	22:23.9
4	25	Gwen Youso	22:31.1
5	27	Kayla Dewitt	22:31.2
6	( 33)	Anna Gislason	23:47.6
7	( 42)	Quinn Schollett	25:29.2

4. 94 Alexandria ( 22:16.9 1:51:24.5 3:53.6)

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1	2	Bethany Miller	20:29.5
2	6	Aleah Miller	20:52.5
3	20	Megan Shulstad	22:09.4
4	31	Kylie Larson	23:30.0
5	35	Camille Johnson	24:23.1
6	( 38)	Jeanna Miller	24:50.6
7	( 51)	Amanda Bittman	27:38.3

5. 124 Pelican Rapids ( 23:01.1 1:55:05.5 4:16.7)

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1	10 Abby Syverson	21:41.0
2	19 Mandi Sjolie	22:06.0
3	23 Tianna Wald	22:26.8
4	28 Maddie Guler	22:54.0
5	44 Autumn Gummeringer	25:57.7
6	( 52) Emma Hoover	27:41.6

6. 175 Fergus Falls ( 24:06.3 2:00:31.5 1:57.7)

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1	29 Sierra Hatlewick	23:04.1
2	32 Makenna Stenstrom	23:30.0
3	34 Emily Ratz	24:03.3
4	39 Berit Skogen	24:52.3
5	41 Solveig Lundberg	25:01.8
6	( 43) Morgan Jarandson	25:41.8
7	( 61) Emma Rund	37:38.6

7. 179 Detroit Lakes ( 24:50.7 2:04:13.1 4:43.3)

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1	11 Makenzie Ostlie	21:41.5
2	37 Zoe Allen	24:48.3
3	40 Ellen Teiken	24:54.8
4	45 Molly Tinjum	26:23.7
5	46 Kendra Kvebak	26:24.8
6	( 48) Cortney Brodsho	26:41.6
7	( 50) Cara Seaberg	27:20.8

8. 195 Frazee ( 27:31.4 2:17:37.0 10:47.0)

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1	13 Megan Danielson	21:44.9
2	14 Ellie Morgan	21:57.5
3	54 Shania Lehman	30:41.3
4	55 Kaitlin Wake	30:41.4
5	59 Kaylynn Vennes	32:31.9
6	( 60) Harley Stoburg	32:32.3

9. 210 Breckenridge-Wahpeton ( 26:56.3 2:14:41.3 10:01.7)

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1	5 Bailee Heitkamp	20:52.1
2	47 Grace Conzemius	26:32.1
3	49 Vicoria Wilson	27:13.3
4	53 Shalyn Reiff	29:10.0
5	56 Alyssa Hasbargen	30:53.8
6	( 57) Summer Hendrickx	31:04.6
7	( 58) Kayley Lindblad	31:22.8

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 INDIVIDUAL RESULTS: VARSITY GIRLS  
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Place	Tea/Tot	No.	Name	Grade	Team	Time	Pace
1	1/7	401	Brynnan Covington	12	Perham	19:56.1	6:25
2	1/7	31	Bethany Miller	9	Alexandria	20:29.5	6:36
3	1/7	1086	Sadie Hamrin	11	Bemidji	20:39.7	6:39
4	1/7	337	Rylie Polomny	9	Moorhead	20:50.4	6:43
5	1/7	109	Bailee Heitkamp	9	Breckenridge-Wahpeton	20:52.1	6:43
6	2/7	30	Aleah Miller	7	Alexandria	20:52.5	6:44
7	2/7	402	Caitlin Covington	10	Perham	21:00.0	6:46
8	3/7	412	Hailey Wegscheid	10	Perham	21:19.9	6:52
9	2/7	330	Alexandra Maddux	11	Moorhead	21:32.1	6:56
10	1/4	462	Bryn Fernholz	8	West Central Area School	21:40.6	6:59
11	1/6	384	Abby Syverson	9	Pelican Rapids	21:41.0	6:59
12	1/7	163	Makenzie Ostlie	12	Detroit Lakes	21:41.5	6:59
13	4/7	393	Abby Tweeton	9	Perham	21:41.5	6:59
14	1/6	249	Megan Danielson	10	Frazee	21:44.9	7:00
15	2/6	251	Ellie Morgan	11	Frazee	21:57.5	7:05
16	3/7	322	Mickalya Allen	11	Moorhead	22:00.5	7:05
17	5/7	399	Ashley Hokanson	10	Perham	22:00.8	7:06
18	2/7	1033	Sierra Freyholtz	12	Bemidji	22:00.8	7:06
19	4/7	329	Kate Ludwig	11	Moorhead	22:01.3	7:06
20	2/6	382	Mandi Sjolie	9	Pelican Rapids	22:06.0	7:07
21	3/7	37	Megan Shulstad	12	Alexandria	22:09.4	7:08
22	5/7	335	Sofie Overturf	11	Moorhead	22:21.2	7:12
23	3/7	1078	Arie Gislason	12	Bemidji	22:23.9	7:13
24	3/6	385	Tianna Wald	12	Pelican Rapids	22:26.8	7:14
25	6/7	331	Taylor Melton	9	Moorhead	22:28.5	7:15
26	4/7	1163	Gwen Youso	9	Bemidji	22:31.1	7:15
27	7/7	334	Cassidy O'Meara	10	Moorhead	22:31.1	7:15
28	5/7	1016	Kayla Dewitt	9	Bemidji	22:31.2	7:15
29	2/4	465	Teagen Nelson	9	West Central Area School	22:39.8	7:18
30	4/6	376	Maddie Guler	9	Pelican Rapids	22:54.0	7:23
31	1/7	222	Sierra Hatlewick	8	Fergus Falls	23:04.1	7:26
32	6/7	410	Evalyn McCleary	10	Perham	23:05.7	7:26
33	3/4	470	Ella Van Kempen	10	West Central Area School	23:10.3	7:28
34	4/7	27	Kylie Larson	11	Alexandria	23:30.0	7:34
35	2/7	231	Makenna Stenstrom	9	Fergus Falls	23:30.0	7:34
36	6/7	1062	Anna Gislason	12	Bemidji	23:47.6	7:40
37	3/7	227	Emily Ratz	12	Fergus Falls	24:03.3	7:45
38	5/7	23	Camille Johnson	12	Alexandria	24:23.1	7:51
39	7/7	418	Lourdes Anderson	12	Perham	24:30.7	7:54
40	2/7	141	Zoe Allen	11	Detroit Lakes	24:48.3	8:00
41	6/7	32	Jeanna Miller	12	Alexandria	24:50.6	8:00
42	4/7	229	Berit Skogen	10	Fergus Falls	24:52.3	8:01
43	3/7	173	Ellen Teiken	12	Detroit Lakes	24:54.8	8:02

44	5/7	224 Solveig Lundberg	12 Fergus Falls	25:01.8	8:04
45	7/7	1156 Quinn Schollett	12 Bemidji	25:29.2	8:13
46	6/7	223 Morgan Jarandson	11 Fergus Falls	25:41.8	8:17
47	5/6	378 Autumn Gummeringer	9 Pelican Rapids	25:57.7	8:22
48	1/3	306 Brianne Huesman	11 LPA	26:22.9	8:30
49	4/7	175 Molly Tinjum	9 Detroit Lakes	26:23.7	8:30
50	5/7	158 Kendra Kvebak	12 Detroit Lakes	26:24.8	8:31
51	2/7	105 Grace Conzemius	8 Breckenridge-Wahpeton	26:32.1	8:33
52	6/7	143 Cortney Brodsho	11 Detroit Lakes	26:41.6	8:36
53	3/7	116 Vicoria Wilson	11 Breckenridge-Wahpeton	27:13.3	8:46
54	7/7	167 Cara Seaberg	10 Detroit Lakes	27:20.8	8:49
55	2/3	305 Hailey Frohman	9 LPA	27:30.9	8:52
56	7/7	3 Amanda Bittman	9 Alexandria	27:38.3	8:54
57	6/6	379 Emma Hoover	12 Pelican Rapids	27:41.6	8:55
58	1/2	273 Lilly Andersen	12 Hawley	27:48.0	8:57
59	4/4	469 Steph Toms	11 West Central Area School	27:50.0	8:58
60	4/7	115 Shalyn Reiff	12 Breckenridge-Wahpeton	29:10.0	9:24
61	3/6	250 Shania Lehman	12 Frazee	30:41.3	9:53
62	4/6	255 Kaitlin Wake	9 Frazee	30:41.4	9:53
63	2/2	275 Sophie Helgeson	10 Hawley	30:46.3	9:55
64	5/7	108 Alyssa Hasbargen	11 Breckenridge-Wahpeton	30:53.8	9:57
65	6/7	110 Summer Hendrickx	11 Breckenridge-Wahpeton	31:04.6	10:01
66	7/7	112 Kayley Lindblad	10 Breckenridge-Wahpeton	31:22.8	10:07
67	5/6	254 Kaylynn Vennes	9 Frazee	32:31.9	10:29
68	6/6	253 Harley Stroburg	11 Frazee	32:32.3	10:29
69	3/3	308 Chloe Leno	10 LPA	34:33.2	11:08
70	7/7	228 Emma Rund	9 Fergus Falls	37:38.6	12:07